



Fall 2019 WINGBEATS

Newsletter of the Audubon Society of the Capital Region of New York State

The Audubon Society of the Capital Region Welcomes a New Board Member!

Voted onto the board in late August, we would like to give a warm welcome to Krista Galliher. Krista has served as an active volunteer for quite some time and has decided to take on an even larger role by becoming part of our board of directors.

Welcome Krista!

Officers:

President: Rebecca Allmond
Vice President: Erin Allen
Treasurer: René Facchetti
Correspondence Officer: Fred Bockis
Recording Officer: (vacant)

Board of Directors:

Mark Silo
Jennifer Ford
Eric Latini
Krista Galliher

2019 AUDUBON SOCIETY OF THE CAPITAL REGION SEED SALE

The annual seed sale is back!

ASCR is now accepting pre-orders for bird seed now through October 31, 2019! Seed is provided by CFD (Co-operative Feed Dealers) and includes Aspen Song products. CFD is a local company, based in Conklin, NY and the seed is mixed and sourced primarily from high quality regional suppliers.

This sale is an important fundraiser for our organization. Programs including our bird walks, speaker presentations, tabling events, conservation materials for projects such as tangle tainers and bird nest boxes are supported through the proceeds of this sale.

Purchases are **TAX FREE** to you as we are a 501c3 non-profit organization.

The order deadline is:

Thursday, October 31 by 5:00 pm

Pick up date is:

Saturday, November 16, from 9 am to 11 am at the William K. Sanford (Colonie Town) Library. 629 Albany-Shaker Rd, Loudonville.

Orders may be placed online at:

<http://www.capitalregionaudubon.org/store>

Or by mail by sending the completed order form enclosed on page 2 with check to:

Audubon Society of the Capital Region
PO Box 14135
Albany, NY 12212-4135

In This Issue...

Board Member Welcome.....	1
Bird Seed Sale.....	2
Seed Chart	3
What Did I Miss.....	4
Upcoming Events.....	5
Volunteer.....	6
Conservation Corner.....	7
Activity Page.....	8
Chapter Leadership Information.....	9

2019 Bird Seed Sale



2019 BIRD SEED SALE FUNDRAISER ORDER FORM

First Name _____ Last Name _____
 Email Address _____
 Phone Number _____ Cell _____
 May ASCR text your cell for seed pick up reminders? Yes _____ No _____
 Address _____
 City _____ State _____ Zip Code _____

ORDER DEADLINE: THURSDAY, OCTOBER 31, 5:00 PM

PRODUCT PICKUP: SATURDAY, NOVEMBER 16, 9AM - 11AM William K. Sanford Library, 629 Albany-Shaker Road, Loudonville, NY

Please ensure that you pick up your bird seed on the pick-up day, ASCR is unable to store any bird seed.

Seed and Suet Purchases are TAX FREE and support the mission of the Audubon Society of the Capital Region.

Bird Seed selection features products from Aspen Song—All Natural Wild Bird Aspen Song mixes are designed to provide the best possible nutrition with the broadest possible appeal to our backyard visitors.

	Quantity	Price	Total
Black Oil Sunflower—20 lb bag The soft seed hulls allow the food value of the nutmeat to be easily accessed by all of the seed-eating birds. This is the best single ingredient choice for attracting the most colorful songbirds.	_____	\$17	\$_____

Sunflower Kernels—25lb bag. Sunflower seeds with the shell removed means that every bird species can access the nutritional value of the sunflower kernel. No accumulation of empty shells here!	_____	\$39	\$_____
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Value Blend—30lb bag This general purpose mix is great for attracting ground-feeding birds like Dark-eyed Junco, Mourning Dove, Tree Sparrow, Eastern Towhee, etc. Includes Red Milo, Cracked Corn, White Proso-Millet and Sunflower.	_____	\$15	\$_____
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Ultimate Blend— 5 lb bag	_____	\$8	\$_____
Ultimate Blend—20 lb bag	_____	\$24	\$_____
Ultimate Blend—40 lb bag A corn-free mix that includes Black Oil Sunflower, White Proso Millet, Black Stripe Sunflower, Peanuts, Sunflower Kernels, Safflower, Tree Nuts and Shelled Pumpkin seeds.	_____	\$46	\$_____

Choice Blend—20 lb bag	_____	\$17	\$_____
Choice Blend—40 lb bag Over 30% Sunflowers & Peanuts and includes White Proso Millet, Black Oil Sunflower, Cracked Corn, Peanuts, Safflower and Black Stripe Sunflower.	_____	\$33	\$_____

Nyjer Seed—25 lb bag Attract finches, siskin and redpoll, birds with this 100% pure Nyjer seed.	_____	\$41	\$_____
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Nut and Fruit Suet—11 oz Cake (SINGLE)	_____	\$2.50	\$_____
Nut and Fruit Suet—11 oz Cakes (CASE OF 12) A mix of seeds and nuts will satisfy woodpeckers sapsuckers buntings and more!	_____	\$25	\$_____

Hi Energy Suet—12 oz Cake (SINGLE)	_____	\$2.00	\$_____
Hi Energy Suet—12 oz Cakes (CASE OF 12) This suet cake from Pine Tree Farms provides top quality seeds grains peanut butter and peanuts to attract a variety of wild birds.	_____	\$20	\$_____

Buy a Bag, Donate a Bag. ASCR has partnered with Project Growth and Lawson's Lake . This year, the youth of Project Growth made a Bird Sanctuary. Please consider donating a seed or suet to Lawson's Lake through ASCR in order to help them attract birds to their new Sanctuary. Your donation is tax deductible. Yes—please add an additional bag of seed to my order:		\$15	\$_____
	Value Blend 30lb bag	_____	\$10
	Hi Energy Suet (1/2 Case)	_____	\$_____

ASCR Chapter Supporter Membership (1 year)	_____	\$20	\$_____
Your membership contribution helps to support our mission to protect and maintain ecological systems, promote wise use and conservation of natural resources, and improve environmental quality. Please support your local chapter.			

ASCR Additional Donation	Please enter amount	\$_____
Your donation helps to support the many programs of ASCR throughout the year including educational programs, conservation efforts, and the protection of birds and their habitats. All donations are tax deductible as allowed by law. ASCR is a 501(c)(3) non-profit organization		

Please calculate your order total and enter.	ORDER TOTAL	\$_____
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Mail this order form with your full payment by check to: Audubon Society of the Capital Region, PO Box 14135, Albany, NY 12212. Orders must be received by ASCR by Thursday, October 31, so please plan accordingly for mail orders.

To ORDER ONLINE: please visit www.capitalregionaudubon.org/store. Email info@capitalregionaudubon.org with questions.

2019 Bird Seed Sale Cont.

This chart is provided by New York Audubon to help select the bird seed best suited to the species/types of birds in your area. <https://ny.audubon.org/conservation/attracting-birds-your-feeder>



SEED CHART

SPECIES	PREFERRED SEED/FOOD										
	Oil Sunflower	Striped Sunflower	Sunflower Hearts	Nyjer (Thistle)	Peanuts	Tree Nuts	Fruit	Millet	Safflower	Milo	Cracked Corn
Bluebirds			●				●				●
Buntings			●				●	●			
Cardinals	●	●	●		●	●	●	●	●	●	●
Chickadees	●	●	●	●	●	●					●
Doves			●	●				●	●	●	●
Goldfinches	●		●	●				●			●
Grosbeaks	●	●	●						●		●
House Finches	●		●	●	●	●		●	●		
Jays	●	●	●		●	●	●	●	●	●	●
Juncos			●	●	●	●		●		●	●
Mockingbirds							●				●
Nuthatches	●	●	●		●	●	●		●		●
Purple Finches	●		●	●				●			
Quail								●		●	●
Siskins	●		●	●							●
Sparrows	●		●	●				●		●	●
Tanagers			●				●				
Titmice	●	●	●	●	●	●					●
Towhees	●							●		●	
Woodpeckers			●		●	●	●				●
Squirrels	●	●	●		●	●	●				●

What Did I Miss?

Moth Night July 2019



On July 27, 2019 we hosted our first ever Moth Night at the Emma Treadwell Nature Center at Thatcher Park.

Catherine Klatt provided attendees with a highly informative presentation prior to venturing into the night to attract and observe a variety of moths!

A big thank you to Rebecca Allmond and Catherine Klatt for planning and coordinating Moth Night! Thank you also to the park for hosting us and to the volunteers, Amy, Jennifer and Nichole who assisted with setting up and break down!

We are plan to repeat this event annually. Hope to see you there next year!

The First Time Birders Program at Schodack Island State Park

On August 10, 2019 the First Birders Program returned to Schodack Island State Park. Lead by Schodack Island State Park educator, Savannah Wilson and Audubon Society of the Capital Region's summer intern, Nichole Fox.

The program was joined by board president Rebecca Allmond and experienced birder and volunteer Naomi. The morning began with a brief tutorial of binocular use followed by an hour of walking, talking and spotting local birds!

A second walk was held in the evening of September 14th for those who aren't morning birds (pun intended)!

A big thank you to the park, our walk leaders, participants and volunteers for making this a success!



Weren't able to make it? Don't worry, it is our hope to repeat these fun and beginner friendly walks next year!

Upcoming Events

ASCR Board Meetings

Second Mondays of every month in Loudoville.

We are looking for new board officers for the February 2020 election!

Want to discover how to unlock more bird and nature programs in the Capital Region? Explore the power of influence at the ASCR board meeting! Without folks like you to help us put something on the books—programs vanish!

Got a passion for serving in the Capital Region, consider working with us as a member of the board. Not sure what that entails? Come to a board meeting to find out!

Contact us at: info@capitalregionaudubon.org

If you think we are not the right fit for you, please consider connecting with our partners who put in a lot of hours to offer nature programs to the community:

[Landis Arboretum](#)
[Hudson Mohawk Bird Club](#)
[Thatcher State Park](#)
[Schodack Island State Park](#)
[Peebles Island State Park](#)
[Fiver Rivers Environmental Education Center](#)
[Albany Rural Cemetery](#)

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Speaker at Peebles Island State Park:
Birds, Insects & their Urban Environments.
Saturday October 26, 12 Noon-2pm

Come join ASCR as we host Joe Corra, active ASCR volunteer, in his delivery of his graduate work on Aerial Insectivorous Birds, and how they are interrelated with urban landscapes, water quality and climate.

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Calling Volunteers!

Volunteers make the activities of ASCR possible and without them we could not host the many events, activities and projects we strive to provide for our birds and community!

Interested in starting/planning a new program? Just want to get involved? Lend a helping hand?

Contact us at:
volunteer@capitalregionaudubon.org

Join our volunteer mailing list:
<https://www.capitalregionaudubon.org/volunteer.php>



Be sure to check our website for more programs and information!
www.capitalregionaudubon.org



VOLUNTEER



Photo by: Jennifer Ford

ASCR Bald Eagle Nest Watch Program

We are looking for volunteers for the 2019-2020 season.

- ♦ If you like getting outside and observing wildlife, this could be the volunteer opportunity you've been looking for.
- ♦ Volunteers only need to commit to spending at least 1 hour per week observing an assigned nest, and submitting a report on that nest.

2018-2019 was a great year for the ASCR Bald Eagle Nest Watch program!

- ♦ 12 volunteers helped watch 12 Bald Eagle Nests throughout the area.
- ♦ More than 92 hours of observations were recorded.
- ♦ Most of the nests were reported to have fledged at least one Eaglet.
 - ♦ Many nests fledged two Eaglets.
 - ♦ One nest did fail – no young were raised.
 - ♦ Trees obscured another, creating difficulties with observing.

If you are interested in volunteering, know of active nests to be added to this project or would just like some additional information please contact **Jennifer Ford**, **Bald Eagle Nest Watch Coordinator** at:

jsf@nycap.rr.com.

Additional Opportunities

Program Chair Needed

We are looking for a highly motivated and creative individual to help get involved with creating and sustaining current programs for ASCR. Minimum commitment is to attend regular board meetings and help coordinate programs for the chapter. Training is provided.

Bird Walk Leaders desired

Do you know birds in the Capital Region? Do you like people? Would you like to share your knowledge with new and curious birders? Come be a bird walk leader with Audubon!

Recording Officer Needed

Are you a good note taker? We need you! Commitment is one board meeting per month to take meeting notes and email them to the Board.

Nest Box Building

Would you like to assist in helping youngsters build a nest box to bring home and install in their backyard? We are seeking workshop leaders, no experience necessary! Training will be provided by an experience woodworker.

Own a table saw? Want to cut parts for nest boxes to be used in the program? Give us a shout! We'll supply you with materials. Great Opportunity to put in a few hours for the birds!

Interested in any of these opportunities?

Contact:
President@CapitalRegionAudubon.org



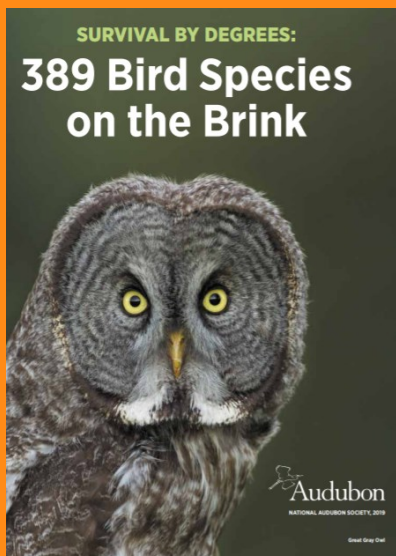
National Audubon Society Publishes New Climate Driven Report: *Survival By Degrees: 389 Species on the Brink*

On October 10, 2019 the National Audubon Society published their latest report on the survivability of 604 North American Bird species. They found that of those 604 species, 389 are at risk of extinction, which is nearly two-thirds!!!). *"The results are clear, Audubon reports, Birds will be forced to relocate to find favorable homes. And they may not survive."*

The study was conducted using data collected from over seventy data sources, including eBird (a local favorite). Data ranged across North America and included Mexico—data was then used alongside current climate modeling methods to reach the alarming finding above.

For the more about the study, including specific findings to your area, a downloadable copy of the study and ways to make a difference, visit:

www.audubon.org/climate/survivalbydegrees



Looking to have an impact in your community?

Become an Audubon Society of the Capital Region

Chapter Supporter.

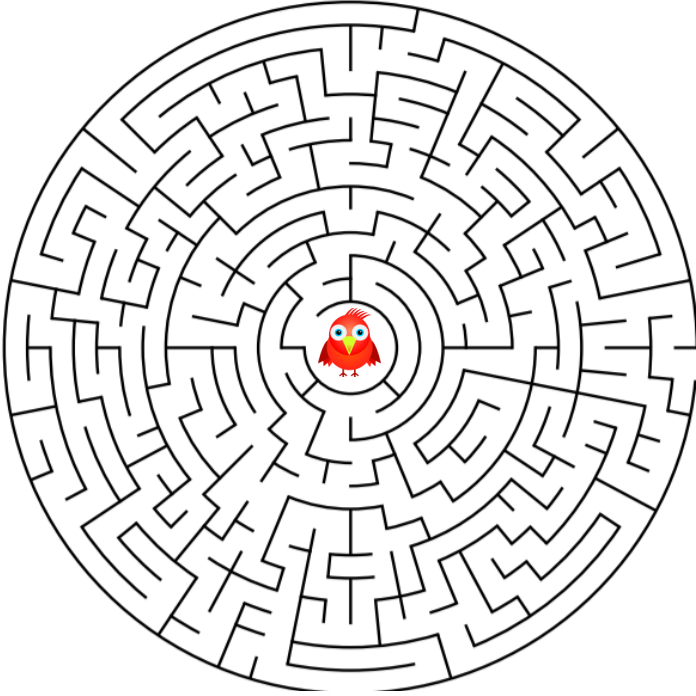
As a Chapter Supporter, 100% of your membership dues stay local. This helps us support local conservation efforts, continue to promote birding and bird education, and to support other special initiatives, such as the construction of bird blinds and camp sponsorships for youth. The Chapter Supporter membership is just \$20. In return you get:

- An official ASCR Chapter Supporter Membership card
- An ASCR Chapter Supporter window cling to prevent window strikes
- The satisfaction of knowing you are supporting local birds and their habitats

Click [here](#) for more information on how you can become an ASCR Chapter Supporter!!

ACTIVITIES

Wingbeats Maze



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Find These Words!!!

American Robin	Native Plants
Wildflower	Field Guide
Butterfly	Cardinal
Flight	Bird Seed
Birding	Water
Hummingbird	Maple Trees
Binoculars	Migration
Milkweed	Feather
Fall	Nesting
Nectar	

Fall Wingbeats Word Search

W C Q S B Q A V T N W N B A R
X I V B G U D G Q E A E I B S
F A L H I S T L M C T S R I F
Q N M D U N J T B T E T D R E
F M A E F M O C E A R I S D A
A I M T R L M C A R H N E I T
O L E A I I O I U R F G E N H
F K J L P V C W N L D L D G E
A W D Z D L E A E G A I Y O R
L E M K Y G E P N R B R N U L
L E R A W V U T L R N I S A Z
M D A D K R J I R A O G R I L
F F L I G H T L D E N B F D N
Z E B H Q W K J J E E T I F F
M I G R A T I O N G E S S N H



Working Group Descriptions
ASCR is dedicated to the protection and conservation of birds, wildlife and the environment.

Membership & Volunteers

Leaders: Fred Bockis
Maintain membership records. Recruits and Coordinates volunteers and chapter members for ASCR events and to support the mission of the chapter.

Programs

Leader: Vacant
Coordinates speakers, workshops and other outreach programs to the public.

Conservation & Advocacy

Leaders: Eric Latini & Mark Silo
Oversees conservation projects and initiatives. Reviews, initiates, collaborates in advocacy policies and activities.

Marketing & Communications

Leader: Rebecca Allmond
Publications, chapter member communications and information, advertise events, update social media outlets, photograph events.

Education

Leader: Vacant
Educational programming, Citizen Science initiatives, Christmas Bird Count, etc.

Finance

Leader: René Facchetti
Budgets, fundraising, grant writing.

Board members of the Audubon Society of the Capital Region

An All Volunteer Chapter Organization of the National Audubon Society

Officers

President:	Rebecca Allmond
Vice President:	Erin Allen
Correspondence Officer:	Fred Bockis
Treasurer:	René Facchetti
Recording Officer:	vacant

Directors

Jennifer Ford
Eric Latini
Mark Silo
Krista Galliher

WebMaster:	René Facchetti
WebAdmin:	Rebecca Allmond

Board Meetings are the Second Monday of Every Month in Loudonville. There we discuss upcoming events and make decisions that guide this chapter for the year.

Please join us!

Email **President@CapitalRegionAudubon.org** for more information!

**Audubon Society
of the Capital Region**
P.O. Box 14135
Albany, NY 12212-4135
www.capitalregionaudubon.org

Questions?

Email: info@capitalregionaudubon.org